

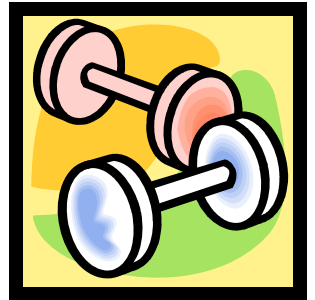
NEW FITNESS FACILITY AT THE WJCC

Two Open Houses Available

DATE: WEDNESDAY, MAY 26th
TIME: 7:00 PM – 8:30 PM
LOCATION: WJCC

SECOND OPEN HOUSE IS:

DATE: THURSDAY, May 27th
TIME: 10:30 AM – 12 NOON
LOCATION: WJCC



Introduction to **Mark and Matt Ridout**, personal trainers

Introduction to New Fitness Facility at JCC (new equipment)

Free Seminar on "Nutrition"

Free Class in Gym "Stretch and Core"

Refreshments



Incentive Package:

For first 25 new members who sign up during an Open House:

-NO initiation fee at JCC

-BiWeekly payments as low as \$11.25 per person

-Free assessment and two free training sessions (value of \$150.00)

-If you pay for a full year, you will receive a \$100 discount!

If you are a current JCC member and bring a guest who signs up during the Open House,

You will receive a special discounted personal training package with Mark or Matt, to be available following your free assessment/consultation/training session!

RSVP to Sharron Lacey for May 26 or May 27 by May 21st, at 519-973-1772 or email sharronlacey@hotmail.com.